

# **Newbridge Learning Community School**

## **Physical Education**

### **Intent**

We intend to deliver high quality teaching and learning opportunities that inspires students to be successful in physical education. We want to develop students' communication, cooperation and collaboration with others to work effectively as part of team and recognise the importance of fair play, resilience and respect. Our broad curriculum aims to develop knowledge and understanding as well as focusing on technique, tactics and physical ability.

We intend to provide positive experiences through enjoyable, fun yet challenging lessons to allow students to recognise the importance of participating in physical activity can have on their physical health, social skills and mental wellbeing.

### **Implementation**

We teach a wide range of sporting activities including; invasion games, net and wall games, striking and fielding games and health related fitness.

Students have two PE lessons a week where they are taught a different sport in each. This changes every half term.

In year 7, each student has joined us with varying experiences of PE and therefore, we focus on acquiring new basic skills and developing technique.

In year 8, we focus on developing skills and implementing tactics.

In year 9, we focus on refining skills, particularly through game play.

At key stage 4 have the opportunity to choose and study GCSE PE as their option. In Year 10, students study the Edexcel GCSE PE Short Course and in Year 11, are able to progress to study the Edexcel GCSE PE Full Course.

We have a long-term curriculum plan which is broken down into separate PE units. Each unit has its' own curriculum map which is accompanied by learning objectives for each lesson to ensure that the requirements of the National Curriculum are met.

Students are assessment on a half-termly basis. A new key stage 3 assessment has been designed and has started to be implemented. Staff training has taken place and students are starting to become familiar with the new criteria.

Students have the opportunity to participate in sports during break time and dinner time. Students have the choice on which sports they place and this often reflects the sports done during that half term. It is designed as an enjoyable session that students use as an outlet from their lessons.

### **Impact**

Through our Physical Education curriculum we want to give students the confidence, skills and knowledge to continue to participate in physical activity and sport outside of school. Using positive experiences, we want students to know and understand the importance of their physical, social and mental health and use physical activity to make positive changes to their lifestyle.

We celebrate student success and teach students ways to manage their emotions in an effective manner when they experience disappointments or difficulties.