



***This is a new link which Newbridge Learning Community is hosting a link to on this website so you can keep up to date with any concerns or issues.***

## **About us**

### **Who is behind Parent Info?**

Parent Info is a collaboration between CEOP and Parent Zone.

[Parent Zone \(link is external\)](#) [\(link is external\)](#) was founded in 2005 and has a track record of providing information, support and advice to parents. In recent years, The Parent Zone's work has focused on the impact of digital technologies on families. We provide information, resources and training for parents and those who work with them.

### **What is Parent Info?**

Parent Info provides high quality information to parents and carers about their children's wellbeing and resilience. Schools can host the content on their own website and use it in any other ways (in letters to parents etc) that they want.

This service is free and ranges across a wide range of subject matter, from difficult topics about sex, relationships and the internet or body image and peer pressure to broader parenting topics like 'how much sleep do teenagers need?'

In line with CEOP's Thinkuknow programme, some of the content covers internet safety, but it all starts from the assumption that young people make little distinction between their online and offline lives and the issues for parents are often the same. The aim is to help parents help their children be discriminating, web-literate and resilient.

This information is taken from Parent Zone website.

***Ian Gilbertson***

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