



NEWSLETTER

NEWBRIDGE LEARNING COMMUNITY

winter Term 2025

www.newbridge.wigan.sch.uk

Issue 5



HEADTEACHER WELCOME

As we move into the spring term, I would like to extend a very warm welcome to all members of our school community. Spring is always a busy and exciting time in school, and this year is no exception. Our pupils have already benefited from a range of enriching experiences beyond the classroom. The recent trip to Parliament was a fantastic opportunity for students to see democracy in action and deepen their understanding of how our country is governed. It was wonderful to see their curiosity and engagement as they explored such an important national institution. We have also enjoyed a number of theatre visits, including our memorable trip to Lancaster. Experiencing live performance is such a powerful way to inspire creativity, confidence and cultural appreciation in our young people. The students represented the school superbly and were a credit to us throughout. A particular highlight this term has been Mental Health Week. Supporting the wellbeing of our pupils remains a central priority, and we were delighted to welcome a range of guest speakers who shared valuable insights and practical strategies. Their sessions encouraged open conversations about mental health and reinforced the importance of kindness, resilience and looking after one another. As always, I would like to thank our staff for their dedication, our parents and carers for their continued support, and, most importantly, our pupils for their enthusiasm and commitment. I look forward to all that the rest of the spring term will bring.

With best wishes,

Paul

MENTAL WELLBEING

Wellbeing Day – Inspiring Mental Health Awareness

On Wellbeing Day, pupils were inspired by Ian Prescott, who shared his brave, personal stories and practical strategies for managing stress. Through powerful metaphors and real-life examples, he showed how talking about worries can “unload the pack” of anxiety.

Impact: Pupils left feeling empowered, more confident to share their concerns, and equipped with practical strategies to manage their mental health and wellbeing.

Fearless by design By Tom Blackledge and Becky Pupils were inspired by Tom Blackledge and Becky in their “Fearless by Design” session. Tom shared his MMA journey with honesty and bravery, showing how discipline, resilience, and facing fears can build a growth mindset. Becky guided pupils through breathwork and mindfulness exercises, giving practical tools to manage stress, stay focused, and regulate emotions.

Impact: Students left feeling motivated, empowered, and confident, equipped with strategies to tackle challenges, overcome fears, and take positive action in their learning and personal lives. The session sparked reflection, encouraged self-belief, and strengthened resilience across the year group.



"Mental health is not a destination, but a process. It's about how you drive, not where you're going." – [Noam Shpancer](#)



NEWSLETTER

NEWBRIDGE LEARNING COMMUNITY



Newbridge FC

It has been a fantastic term for school football. Fourteen pupils recently attended after-school club friendlies against Oakfield, with our Year 7-8 team securing an impressive 10-2 victory. The team demonstrated excellent skill, determination and sportsmanship throughout.

Our Key Stage 3 team is currently sitting 3rd in the league out of 17 schools – a tremendous achievement that reflects their hard work and commitment in both training and competitive fixtures.

Meanwhile, our Key Stage 4 team has made a very strong start to their campaign, winning their first two games with impressive performances. They have shown real maturity and outstanding teamwork, and are firmly on track to finish in the top half of the league.

Well done to all of our players for representing the school with pride and enthusiasm. We look forward to more successes as the season continues.

"I am constantly being asked about individuals. The only way to win is as a team." – Pelé



COMMUNITY



COURAGE



COMPASSION



COMPETENCE



NEWSLETTER

NEWBRIDGE LEARNING COMMUNITY

☀ Morning Moves: A Great Start to the Day!

Our Morning Moves programme continues to have a wonderful impact across the whole school. Each morning, pupils and staff come together to take part in a variety of activities including the Morning Mile, rugby, football, handball, gym sessions, mental exercises, and dance.

These sessions are not only fun and energetic, but also incredibly important. Regular physical activity helps improve concentration, boost mood, and support both physical and mental wellbeing. We have already noticed a clear improvement in focus and motivation in lessons, with pupils feeling more awake, confident, and ready to learn. Staff have also shared how energised and positive they feel after taking part.

Morning Moves has strengthened teamwork, resilience, and our sense of community. It's a fantastic way to build healthy habits while starting the school day with smiles and positivity. We are so proud of the enthusiasm shown by everyone involved – long may it continue! 🤝



DAY IN LONDON

Pupils recently enjoyed an exciting “London in a Day” trip, packed with educational and memorable experiences. The visit included a tour of Parliament, where students were able to see first-hand how our democracy operates and deepen their understanding of British politics.

They also witnessed the iconic Changing of the Guard and took in many of London’s famous landmarks.

The trip concluded with a well-earned meal together, giving pupils time to reflect on the day and enjoy each other’s company.

Throughout the visit, behaviour was excellent. Pupils were engaged, respectful and a real credit to the school. It was a thoroughly educational and enjoyable experience for all involved.



COMMUNITY



COURAGE



COMPASSION



COMPETENCE



NEWSLETTER

NEWBRIDGE LEARNING COMMUNITY

Wellbeing Awards

Compassion

Top Point Scores

Year 7 - AJ
Year 8 - AOH
Year 9 - Macaulay
Year 10 - Isaac
Year 11- Blaise



CELEBRATING NATIONAL PIZZA DAY AT NEWBRIDGE!

LAST WEEK, OUR DINING ROOM SMELLED A LITTLE MORE DELICIOUS THAN USUAL—AND FOR GOOD REASON! NEWBRIDGE LEARNING COMMUNITY JOINED SCHOOLS ACROSS THE COUNTRY IN CELEBRATING NATIONAL PIZZA DAY.

STUDENTS AND STAFF ENJOYED A SPECIAL MENU FEATURING CLASSIC FAVOURITES LIKE MARGHERITA AND PEPPERONI. OUR SCHOOL COOK WORKED HARD TO MAKE THE DAY FUN AND TASTY, SERVING UP SLICES WITH A SMILE AND KEEPING SPIRITS HIGH. LUNCHTIME BUZZED WITH LAUGHTER, CONVERSATION, AND THAT UNIVERSAL QUESTION: “PINEAPPLE ON PIZZA... YES OR NO?” (THE DEBATE CONTINUES.

World Book Day
6th March
Harry Potter
Character

UPCOMING EVENTS!

Year 7 trip Bubble world **25th February**

Eureka **3rd March**

World book Day **6th March**

Parents evening & Year 9 options **12th March**

National Football museum **12th March**

Year 10 Chester zoo **23rd April**

PGL Residential **27th-29th April**



COMMUNITY



COURAGE



COMPASSION



COMPETENCE