



Personal Development at Newbridge School



Pastoral & Therapeutic Support at Newbridge Learning Community



Crisis & De-escalation Support

At **Newbridge Learning Community**, we provide structured, compassionate support to help pupils manage heightened emotions and challenging moments safely and constructively. Our approach focuses on regulation, reflection, and learning.

Our support includes:

- **1:1 Calm-Down Support** - A trusted adult works individually with a pupil, guiding them through personalised coping strategies when emotions begin to escalate.
- **Small Group Nurture** - A safe, supportive setting where pupils build friendships, develop trust, and strengthen social bonds.
- **Crisis Support** - Immediate, responsive care with clear intervention strategies to ensure safety and emotional stability.
- **Post-Crisis Reflection** - Adult-led discussions to review events, identify triggers, and develop improved strategies for future situations, reinforcing positive learning.

Through this structured approach, pupils develop greater emotional awareness, resilience, and the confidence to manage challenges more independently over time.





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Restorative Practice & Anti-Bullying Support

At Newbridge Learning Community, we use restorative justice approaches to repair harm, rebuild relationships, and strengthen our school community when conflicts arise. Our focus is always on learning, accountability, and positive change.

- **Restorative Conversations** - Pupils are supported to understand the impact of their actions, take responsibility, and agree constructive ways forward.
- **Rebuilding Relationships** - Guided discussions help restore trust and promote mutual respect between peers.
- **Proactive Anti-Bullying Approach** - We actively address bullying through education, early intervention, and ongoing pastoral care to maintain a safe and respectful environment for all.

These personalised interventions ensure every pupil at Newbridge Learning Community receives the right support at the right time, enabling them to thrive both academically and personally within a caring and structured setting.

