



## Personal Development at Newbridge School



### Pastoral & Therapeutic Support at Newbridge Learning Community

### Health & Wellbeing at Newbridge Learning Community - Multisensory rooms



#### Multisensory & Quiet Spaces in Every Classroom

Every classroom at Newbridge includes dedicated regulation and focus areas — because emotional readiness and concentration go hand in hand.

#### Multisensory Regulation Areas

Calm, welcoming spaces designed to help pupils reset and return to learning.

Each includes:

- Soft, calming sensory lighting
- Comfortable seating and furnishings
- Fidgets and weighted sensory tools
- A quiet, low-demand environment
- In-class location to maintain connection

These areas allow pupils to **reset, regulate and return** without leaving the safety of the classroom.



## Personal Development at Newbridge School



### Pastoral & Therapeutic Support at Newbridge Learning Community

#### Health & Wellbeing at Newbridge Learning Community – Quiet Work Spaces

Alongside our multisensory areas, every classroom also features a designated Quiet Work Space.



These spaces:

- Provide a low-distraction environment
- Support focus and independent learning
- Help pupils manage sensory overload
- Offer choice and autonomy in how they learn
- Encourage self-regulation and responsibility

Pupils can choose to use the Quiet Work Space when they need increased concentration, reduced stimulation, or a calm place to complete tasks.

At Newbridge Learning Community, we believe regulation is a right, not a reward.

By combining nurture, therapeutic support, quiet focus areas and multisensory provision, we create an environment where every pupil feels safe, supported and ready to succeed – academically, socially and emotionally.